Meals in a Bag

Directions for creating the meals: Use the recipe/ingredient cards below to purchase the items non-perishable items noted; Smaller size cans work very well as each meal is intended for 1 to 2 people. If needed, consider including a can opener. Put all items into a 2-gallon ziplock bag with the appropriate recipe card below.

Bring to church and we will distribute – we have a lot of places and people who are looking for quick and easy meals that can be put together in a microwave or on a stove top. Please consider giving them away yourselves – keep a couple in your car for any time you see a need. Thank you!

Ham Chowder

- 2 - 5 oz cans of diced ham (or small canned ham, diced)
- 1 can diced potatoes
- 1 can creamed corn
- 1 can cream of chicken soup
- 1 can evaporated milk
- 2 bullion cubes

Combine all canned ingredients.

Add 2 cups of water and 2 bouillon cubes.

Stir well and heat about 15-20 minutes.

White Chicken Chili

- 2 cans great northern beans
- 1 green enchilada sauce
- 1 can corn
- 1 can cream of chicken soup
- 1 can diced tomatoes and green chiles
- 1 can of chunk white chicken
- 2 bouillon cubes

Combine all ingredients, add 2 cups of water and heat.

Beef & Bean Chili

- 1 can no-bean chili
- 1 can red kidney beans
- 1 can pinto beans
- 1 can tomato sauce
- 1 can diced tomatoes
- 1 packet chili seasoning

Combine all ingredients.

No need to drain. Simmer together.

Taco Soup

- 2 cans of no-bean chili
- 1 can black beans
- 1 can corn
- 1 can chili beans
- 1 can diced tomatoes and green chiles
- Velvet cheese

Combine all ingredients and heat.